

| Mon.                                                                                                                                                             | Tue.                                                                                                                                                                                            | Wed.                                                                                                                                                                                                                                            | Thu.                                                                                                                                                                                 | Fri.                                                                                                                                             |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|
| 2<br>11:00 Line Dancing~<br>1:00 Games-Golf, Hand & Foot<br>1:00-1:30 Exercise with<br>Sunrise Fitness~                                                          | 3<br>9:30 Tai Chi~<br>10:00 Cribbage<br>1:00 Bridge<br>1:00 Movie: <i>Miracle</i>                                                                                                               | 4<br>9:00 Chess<br>9:15 Chair Yoga~<br>9 – 12 AARP Tax Prep*<br>12:30-2:00 Tech Help*<br>1:00 Games-500, Mahjong<br>4:30 Mill Creek Inn Supper Trip*                                                                                            | 5<br>9:00 Fireside Chat: Amy Johnson-<br>AmeriCorps Seniors RSVP<br>9:00 Knitters & Crocheters<br>9 – 12 AARP Tax Prep*<br>9:30 MN History Center Trip*<br>1:00 Texas Hold 'Em Poker | 6<br>9:15 Chair Yoga (Zoom)<br>12:35 Bingo                                                                                                       |
| 9<br>11:00 Line Dancing~<br>12:00 Celebrate February<br>Birthdays<br>1:00 Games-Golf, Hand & Foot<br>Card, Bridge<br>1:00-1:30 Exercise with<br>Sunrise Fitness~ | 10<br>9:00 Monticello Shopping*<br>9:30 Tai Chi~<br>10:00 Cribbage<br>1:00 – 5:00 Wellness on Wheels<br>1:00 Movie: <i>Ticket to Paradise</i><br>2:00 Herbal Tea Time*~                         | 11<br>9:00 Chess<br>9 – 12 AARP Tax Prep*<br>9:15 Chair Yoga~<br>1:00 Games-Pfeffer, Mahjong,<br>Bridge<br>3:00 – 6:00 Delano 150 <sup>th</sup> Birthday<br>Party                                                                               | 12<br>9:00 Knitters & Crocheters<br>9 – 12 AARP Tax Prep*<br>1:00 Texas Hold 'Em Poker<br>5:00-9:00 AARP Driving Class                                                               | 13<br>9:15 Chair Yoga (Zoom)<br>10:30 The 'Not So Newlywed<br>Game'<br>12:35 Bingo                                                               |
| 16<br>Closed for Presidents' Day<br>                                             | 17<br>9:30 Tai Chi~<br>10:00 Café Zupas Lunch Trip*<br>10:00 Cribbage<br>1:00 Bridge<br>1:00 Movie: <i>Queen Bees</i>                                                                           | 18<br>9:00 Chess<br>9 – 12 AARP Tax Prep*<br>9:15 Chair Yoga~<br>10:30 The Power of Humming<br>Class*<br>10:30 Ready Readers Book Club<br><i>Beyond That, The Seaby</i> Laura<br>Spence-Ash<br>12:30-2:00 Tech Help*<br>1:00 Games-500, Mahjong | 19<br>9:00 Knitters & Crocheters<br>9 – 12 AARP Tax Prep*<br>10:00 Writers' Group<br>1:00 Texas Hold 'Em Poker<br>1:00 Quilters' Group (Offsite)                                     | 20<br>9:15 Chair Yoga (Zoom)<br>9:30 "150 & Counting"<br>History Chat: Schools<br>12:00 Church of Cash @ Le<br>Musique Room Trip*<br>12:35 Bingo |
| 23<br>11:00 Line Dancing~<br>1:00 Games-Golf, Hand & Foot<br>Card, Bridge<br>1:00-1:30 Exercise with<br>Sunrise Fitness~<br>1:00 Caregiver Support Group         | 24<br>9:30 Tai Chi~<br>10:00 Cribbage<br>10:00-11:00 Informational<br>Booth: SCS HOME (Household &<br>Outdoor Maintenance) Program<br>1:00 Movie: <i>Six Below: Miracle<br/>on the Mountain</i> | 25<br>9:00 Chess<br>9 – 12 AARP Tax Prep*<br>9:15 Chair Yoga~<br>1:00 Games-Pfeffer, Mahjong,<br>Bridge                                                                                                                                         | 26<br>9:00 Knitters & Crocheters<br>9 – 12 AARP Tax Prep*<br>1:00 Texas Hold 'Em Poker                                                                                               | 27<br>9:15 Chair Yoga (Zoom)<br>12:35 Bingo                                                                                                      |
|                                                                                                                                                                  | Lunch served Monday<br>through Friday at noon.<br>Menu, cost & registration<br>details on "menu" calendar<br>or by calling 763-972-0574                                                         |                                                                                                                                                                                                                                                 | Registration required*<br>Instructor-led~                                                                                                                                            |                                                                                                                                                  |