



Mon.	Tue.	Wed.	Thu.	Fri.
		Lunch served Monday through Friday at noon. Menu, cost & registration details on "menu" calendar or by calling 763-972-0574		1 9:15 Chair Yoga (Zoom) No Exercise Today 12:35 Bingo 2 10 – 5 Old Fashioned Christmas in downtown Delano
4 1:00 Golf & Hand and Foot Card Games 1:30 Legal Aid available by appointment	5 9:30 Tai Chi 10:00 Cribbage 1:00 Movie: <i>E. T.: The Extraterrestrial</i> 1:00 Bridge	6 9:00 Chess 9:15 Chair Yoga (In-person/Zoom) 10:45 "The Hen & The Hog" lunch trip 11:20-11:40 Exercise 1:00 Cards-500 & Bridge 1:00 Mahjong	7 8:15 <i>I am Betty Crocker</i> trip 9:00 First Thursday Fireside Chat with Robert Hopwood-Delano Herald Journal Editor 9:00 Knitters & crocheters 10:00 Writers' Group 1:00 Poker Group 1:00 Mexican Train Domino 7 p.m. Jacob Marley's <i>A Christmas Carol</i> - Delano Dramatic Company	8 9:00 Eden Prairie Shopping trip 9:15 Chair Yoga (Zoom) 11:20-11:40 Exercise 12:35 Bingo
11 12:00 Celebrate December birthdays 1:00 Golf, Hand and Foot & Bridge Card Games	12 9:30 Tai Chi 10:00 Cribbage 12:30 AI-Artificial Intelligence presentation 1:00 Movie: <i>We Are Marshall</i> 1 – 5 p.m. Wellness on Wheels Clinic 4:30 Christmas Light Tour	13 9:00 Chess 9:15 Chair Yoga (In-person/Zoom) 10:30 Book Club: 11:20-11:40 Exercise 1:00 Cards-500 1:00 Mahjong	14 9:00 Norway House Gingerbread House Tour 9:00 Knitters & crocheters 1:00 Poker Group 1:00 Death Café Group 1:00 Mexican Train Domino 5:00 Energy Saving Workshop with Delano Municipal Utilities	15 9:15 Chair Yoga (Zoom) 10:00 Holiday crafting with local homeschool students 11:20-11:40 Exercise 12:35 Bingo
18 1:00 Golf & Hand and Foot Card Games	19 9:00 Monticello Shopping Trip 9:30 Tai Chi 10:00 Cribbage 1:00 Bridge 1:00 Movie: <i>Christmas Vacation</i>	20 9:00 Chess 9:15 Chair Yoga (In-person/Zoom) 11:20-11:40 Exercise 12:30 Tech Help with Delano Library 1:00 Cards-500 & Bridge 1:00 Mahjong	21 9:00 Knitters & crocheters 11:00 Christmas Celebration – Music with "Ole & Lena" 1:00 Poker Group 1:00 Mexican Train Domino 1:00 Parkinson's Support Group	22 9:15 Chair Yoga (Zoom) 11:20-11:40 Exercise 12:35 Bingo
25 <div style="border: 1px solid black; padding: 5px; display: inline-block;"> Senior Center Closed for Christmas </div> MERRY CHRISTMAS	26 	27 9:00 Chess 9:15 Chair Yoga (In-person/Zoom) 11:20-11:40 Exercise 1:00 Cards-500 1:00 Mahjong	28 9:00 Knitters & crocheters 1:00 Poker Group 1:00 Mexican Train Domino	29 9:15 Chair Yoga (Zoom) 11:20-11:40 Exercise 12:35 Bingo